

KINDERGARTEN READINESS AND PLAY-BASED LEARNING

Kindergarten families, some of you might be asking, 'What can I do to get my child ready for kindergarten?' We want you to know that it is not your job to make sure your kindergartener is ready for us. Instead, it is our job to ready for him/her. Our kindergarten teachers are ready to learn from your family and teach your child just as he/she is.

There is really no such thing as 'kindergarten readiness.' If you are looking for play-based learning ideas, the list below has activities you might consider, but they are not things that you have to do.

- 1) Go on a nature walk and talk about what you see, smell and hear.
- 2) Play 'show and tell' and have your child talk about their favorite things.
- 3) Use your imagination! Build and make creations with recyclable materials!
- 4) Have your child cook with you or help around the house in some way!
- 5) Go on letter and number hunts and have your child practice writing their name with sticks, rocks, shaving cream, etc.
- 6) Talk about feelings and solve problems with stuffed animals or sock puppets

Enjoy!